



Foundation House

The Victorian Foundation for Survivors of Torture Inc.

Amber Gray Workshop – Easing the Pain: Trauma Informed Somatic Approaches

8 & 9 November 2016

Restoration and healing for people who have been harmed both physically & psychologically.

Register for either day, or for both.

Day One: introduces principles and concepts for working somatically with survivors. Drawing from the theoretical knowledge base and practitioner case material, physical and psychosocial practitioners will be provided with a foundation for how to work with the mind, body, soul connection.

Day Two: physical and psychosocial practitioners will extend their ability to use somatic approaches, with opportunities to develop skills collaboratively while learning from a world leader in the field.

Ideal for: both physical and psychosocial practitioners working with survivors of torture and trauma - counsellors, physios, nurses, psychologists, GPs and others who work in clinical and counselling roles with people who have experienced severe psychological trauma and physical injuries.

Amber Gray is an internationally known expert on somatic approaches to working with survivors of torture and trauma in cross-cultural contexts of displacement and settlement. More information on Amber [HERE](#).

- **When:** 9.30am - 4.30pm, Tue 8 & Wed 9 November 2016
- **Venue:** Brunswick
- **Cost:** One day \$230; Two days \$360 [lunch, morning & afternoon tea provided].
- **Enquiries:**

Content & Suitability Conrad Aikin on 03 9389 8935 or aikinc@foundationhouse.org.au;

Registration Enquiries Rosie Issa on 03 9389 8965 or pdregistrations@foundationhouse.org.au

Places are limited. Registration is essential. Book [HERE](#).